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## **Empathy or Sympathy?**

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Amidst managing time or tackling stress

We tick, cross, avoid or go ahead

Whomever we choose to help or not to

Every minute calculation is

An effort to self-decompress.

What is driven by selflessness?

Is a responsibility.

And if driven by calculations

'Help' is the terminology

Where former is one-way

And latter a two-way misery.

A misery of compulsion

Under the veil of relations

With fear of repercussions

Like Newton's third law of motion.

If needy exchange the positions.

THE TEXT

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